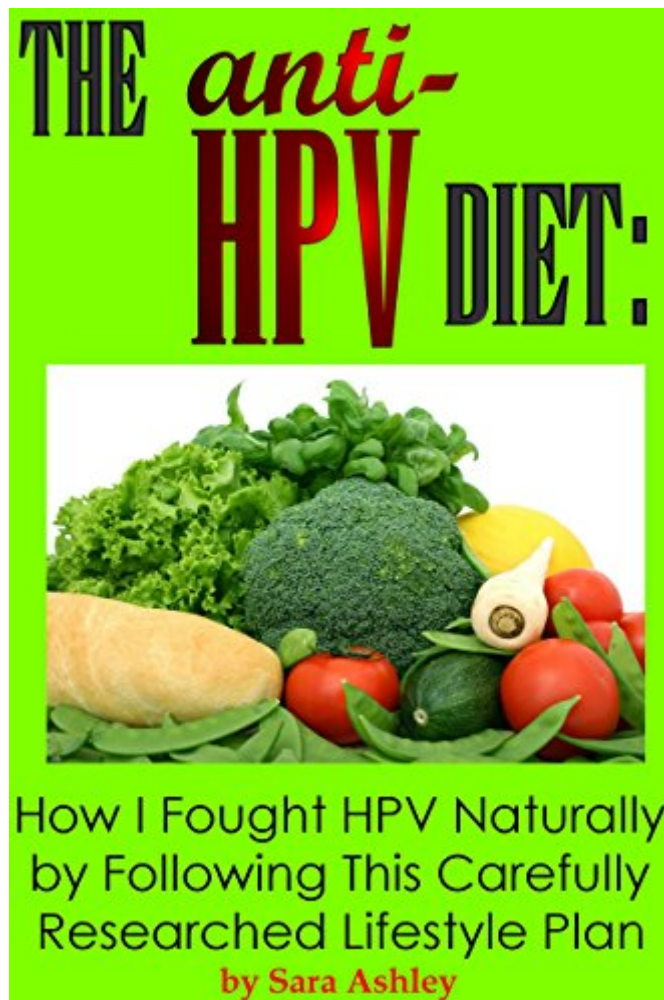




The book was found

The ANTI HPV Diet: How I Fought HPV Naturally By Following This Carefully Researched Lifestyle Plan



Synopsis

When I was infected with HPV, I created a plan-of-action in an attempt to fight the virus. Through careful research, I created a specific lifestyle and diet plan to clear the infection in my body. I describe this plan-of-action in detail throughout the pages of this book. I also include recipes and specific dietary instructions in this book so that you can help your body clear HPV, too! In this book, you will learn:-Specific foods that help boost your immune system-Which supplements to take to reduce your chances of getting Cervical Cancer-Facts about HPV and tips about how to tell a new partner that you are infected-Recipes specifically developed to stop cancer from growing-Personal advice and thoughts from someone who has gone through the uncomfortable experience of being diagnosed with HPV This book offers a researched approach that can help your body fight off HPV. The information you find here is based on personal experience and scientific research. Get your copy now! Your health is well worth it.

Book Information

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Customer Reviews

Excellent information regarding the disease. The information was thorough and the recipes in the book are easy to follow.

very simple and basic but good for someone without any medical knowledge

It was well written and to the point. The recipes and extra links to websites are helpful. Lifestyle changes

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